

SOUP
MAKES EVERYTHING
BETTER



**HALE
&
HEARTY®**



Nutrition Facts

4 servings per container
Serving Size 1 cup (260g)

Amount per serving
Calories **150**

% Daily Value*

Total Fat 2g **3%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 480mg **21%**

Total Carbohydrate 26g **9%**

Dietary Fiber 6g **21%**

Total Sugars 4g

Includes 0g Added Sugars **0%**

Protein 8g

Vitamin D 0mcg **0%**

Calcium 110mg **8%**

Iron 4mg **20%**

Potassium 471mg **10%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general advice

KALE LENTIL & QUINOA

A quality super food in quinoa mixed with different lentil beans that create a great and harmonious soup.

Ingredients:

Double filtered water, kale, brown lentils, celery, white quinoa, red quinoa, yellow onions, vegetable base (dextrose, corn starch, salt, vegetable shortening (palm and/or soybean), dehydrated vegetables, spices), salt, garlic blend (garlic, expeller pressed canola oil), sriracha sauce (chili peppers, sugar, salt, garlic, vinegar, sodium benzoate), garlic powder, onion powder, ground black pepper, nisin preparation.

HANDLING INSTRUCTIONS

*Soups should be stored at or below 38 degrees F (but above 28 degrees F to prevent freezing).

*Soups should never be frozen as recipes are formulated for fresh handling.

*Soups must be reheated from a chilled state to at least 165 degrees F within 2 hours, and held at that temperature for at least 15 seconds.

*Once reheated, soups should be held at 150-155 degrees F for food service.

Fresh (Refrigerated)

Pints (6/ 16oz)

Item Number: 6521

UPC Code: 6 35508 55046 9

Gross Weight: 7.94 lbs

Net Weight: 6 lbs

Shelf Life: 60 Days

Ti-Hi: 13X20

Cases Per Pallet: 260

Case Length: 14

Case Width: 9 3/8

Case Height: 3 3/16

Cube: 0.24

Quarts (6/32oz)

Item Number: 6522

UPC Code: 6 35508 55047 6

Gross Weight: 13.91 lbs

Net Weight: 12 lbs

Shelf Life: 60 Days

Ti-Hi: 13X12

Cases Per Pallet: 156

Case Length: 14.25

Case Width: 9.25

Case Height: 6

Cube: 0.45

Food Service (2/6.91lb)

Item Number: 652

UPC Code: 6 35508 54775 9

Net weight of case: 13.8 lbs

Bags per case: 2

Shelf Life: 60 Days

Gross weight 14.4lb

Ti/Hi: 14/ 8

Cases Per Pallet: 112

Case Dimensions: 14" x 7.25" x 4.5"

Case Cube: 0.26

